

Primary Select Menu: Week 1

Weeks Commencing
28 Nov, 2 Jan, 30 Jan, 5 Mar



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|---|
| Toad in the Hole with Mashed Potato <i>or</i> | Chunky Chicken & Vegetable Pie with Gravy <i>or</i> | Succulent Roast Chicken with Sage & Onion Stuffing & Gravy <i>or</i> | Gammon Steak with Pineapple <i>or</i> | Birds Eye Fish Fingers with Tomato Ketchup <i>or</i> |
| Tuna Filled Jacket Potato | Creamy Vegetable Pasta V with Mediterranean Bread | Cheese & Vegetable Grill V | Home-Baked Cheese Quiche V | Tomato & Basil Pasta V with Bread Wedge |
| Served with Farmhouse Vegetables | Served with Fondant Potatoes Peas <i>or</i> Cauliflower | Served with Roast & Boiled Potatoes Cabbage <i>or</i> Carrots | Served with Croquette Potatoes Peas <i>or</i> Sweetcorn | Served with Chips Baked Beans <i>or</i> Peas |
| Rice Pudding served with Fruity Sauce | Baked Apple Sponge & Custard | Lattice Jam Tart & Custard | Banana Muffin Cake & Custard | Steamed Chocolate Sponge & Chocolate Sauce |
| Oat Crunchy Biscuit | Fruit Jelly | Raspberry Ripple Arctic Roll | Flapjack | Fresh Fruit Salad |

Available Daily: Bread Basket, Salad, Muller Yogurts, Fresh Fruit Platter, Dried Fruit Pots and a Choice of Drink

Our chips are oven baked for a healthier option

Items in **Bold** contain coconut





V Vegetarians

Winter/
Spring
2011/12

Primary Select Menu: Week 2

Weeks Commencing
5 Dec, 9 Jan, 6 Feb, 12 Mar



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| Breaded Chicken Fillet (New) or | Cottage Pie with Gravy or | Roast Ham with Gravy or | British Beef Burger in a Bun with Tomato Ketchup or | Breaded Fish Fillet with Parsley Sauce or |
| Vegetable Chilli  served with Rice | Macaroni Cheese  | Golden Vegetable Pie  | Potato & Bean Hash  | Pizza Neopolitan  |
| Served with Potato Wedges Baked Beans or Peas | Served with Herby Bread Wedge Broccoli or Green Beans | Served with Roast & Mashed Potatoes Seasonal Cabbage or Carrots | Served with Boiled Potatoes Carrots or Peas | Served with Chips Sweetcorn or Peas or Coleslaw |
| Orange Muffin & Custard | Chocolate Pinwheel & Chocolate Custard | Lemon Buns & Custard | Trentham Tart & Custard | Fruit Crumble & Custard |
| Shortbread | Sultana Sponge | Fruit Jelly | Flapjack | Strawberry Whip |

Available Daily: Bread Basket, Salad, Muller Yogurts, Fresh Fruit Platter, Dried Fruit Pots and a Choice of Drink

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 Vegetarians



Primary Select Menu: Week 3

Weeks Commencing
12 Dec, 16 Jan, 20 Feb, 19 Mar



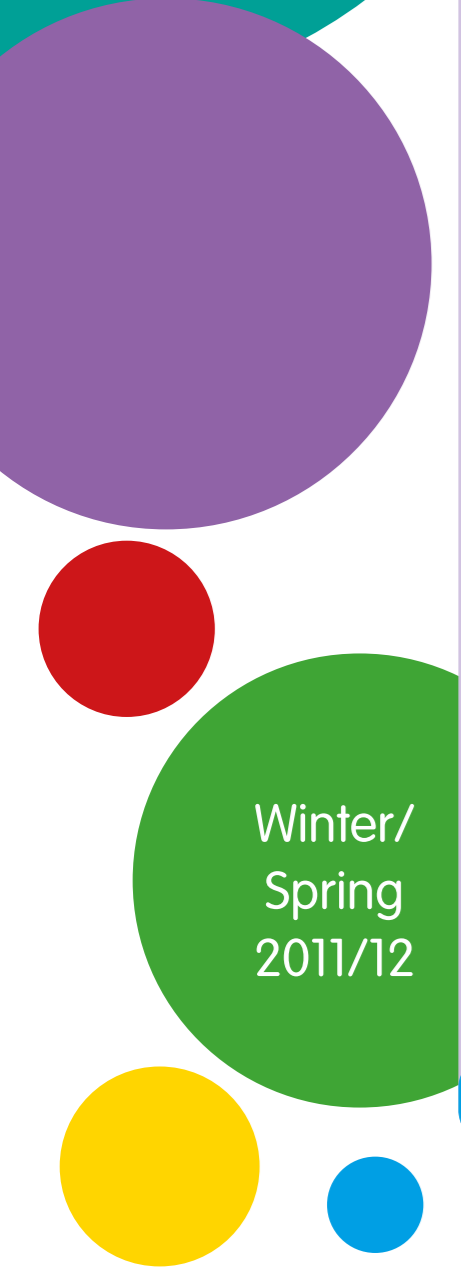
| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
| All Day Breakfast Bacon, Sausage Omelette (New) or | Beef & Onion Pie with Gravy or | Roast Pork with Apple Sauce & Gravy or | Beef Stew & Dumplings or | Breaded Fish Fillet with Tomato Ketchup or |
| Quorn Sausages ✓ | Quorn Shepherds Pie & Gravy ✓ | Cauliflower Cheese ✓ | Potato & Cheese Layer ✓ | Margherita Pizza ✓ |
| Served with Toast & Baked Beans or Tomato or Mushrooms | Served with Mashed Potato Mushy Peas / Peas or Carrots | Served with Roast & Boiled Potatoes Sweetcorn or Broccoli | Served with Mashed Potatoes Farmhouse Vegetables | Served with Potato Wedges Peas or Baked Beans |
| Chocolate Oatmeal Cookie | Steamed Syrup Sponge & Custard | Apple Cake & Custard | Apple & Sultana Roly Poly & Custard | Honey Oat Bar & Custard |
| Fruit Salad | Golden Rice Krispie Crunch | Fruit Jelly | Chocolate Cup Cake (New) | Chocolate Shortcake & Peppermint Sauce |

Available Daily: Bread Basket, Salad, Muller Yogurts, Fresh Fruit Platter, Dried Fruit Pots and a Choice of Drink

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✓ Vegetarians



Primary Select Menu: Week 4

Weeks Commencing
19 Dec, 23 Jan, 27 Feb, 26 Mar



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| Shepherds Pie with Gravy or | Chunky Chicken Casserole (New) or | Roast Pork with Sage & Onion Stuffing & Gravy or | Tasty Pork Meatballs in Gravy or | Breaded Chicken in a Bun with Salad (New) or |
| Jacket Potato with Beans & Cheese v | Vegetable Lasagne v | Quorn Sausages v | Cheese & Potato Pie v | Hot Cheese & Tuna Bagel v |
| Served with Mashed Potato Peas or Sweetcorn | Served with Croquette Potatoes Carrots or Peas | Served with Roast & Creamed Potatoes Broccoli or Cauliflower | Served with Fondant Potatoes Carrots or Peas | Served with Chips Baked Beans or Peas |
| Iced Chocolate Sponge & Chocolate Sauce | Sticky Toffee Pudding Slice & Custard | Apple Crumble & Custard | Carrot Cake & Custard | Fruit Cobbler & Custard (New) |
| Vanilla Cone Cup Cake (New) | Fruit Jelly | Chocolate Muffin | Raspberry Bun | Vanilla Shortcake |

Available Daily: Bread Basket, Salad, Muller Yogurts, Fresh Fruit Platter, Dried Fruit Pots and a Choice of Drink

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